

SMC Level 2 Yoga Therapy 2024/2025

2024:

Saturday & Sunday Immersions

(10-1pm & 2:30-5:30pm each day)

March: 16-17

April: 6-7 and 27-28

May: 18-19

June: 8-9 and 29-30

July: 13-14

Aug: 3-4

August Break

Sept: 7-8 and 28-29

Oct: 12-13

Nov: 2-3 and 23-24

Dec: 14-15

2025:

Jan: 11-12

Feb: 1-2 and 22-23

Mar: 15-16

April: 5-6 and 26-27

May: 17-18

June: 7-8 and 28-29

July: 19-20 and 26-27

GRADUATION Sunday July 27

2024:

Wednesday Evenings (6pm-9pm)

March: 20, 27

April: 3, 10, 17, 24

May: 1, 8, 15, 22, 29

June: 5, 12, 19, 26

July: 10, 17, 24, 31

August Break

Sept: 11, 18, 25

Oct: 2, 9, 16, 23, 30

Nov: 6, 13, 20

Dec: 4, 11, 18

2025

Jan: 15, 22, 29

Feb: 5, 12, 19, 26

Mar: 5, 12, 19, 26

April: 2, 9, 16, 23, 30

May: 7, 14, 21, 28

June: 4, 11, 18, 25

July: 9, 16, 23